

Everybody MOVE:

Improving outcomes in musculoskeletal health

Movement will benefit everybody!

- 6.8 million people live with muscle, bone & joint conditions in Australia
- Applying what works best will reduce costs and make daily life easier
- We need to move together and act now

<i>System wide</i>	1. Fund only what works
	2. Increase awareness and capability
	3. Update approach to delivery of care
<i>Chronic back pain</i>	4. Reduce unnecessary radiology imaging
	5. Increase use of interdisciplinary teams
<i>Osteoarthritis</i>	6. Movement as first line therapy
	7. Standardise interdisciplinary triage
	8. Remove unnecessary interventions
<i>Osteoporosis and osteopenia</i>	9. Increase screening of post-menopausal women
	10. Increase fracture liaison services
<i>Rheumatoid arthritis</i>	11. Enhance access to subsidised biologics
	12. Faster referral to specialist services
<i>Juvenile arthritis</i>	13. Improve transition to adult services
	14. Longitudinal research into outcomes

