



Information resources

Order information sheets to be posted to you, or you can download them from our website www.msk.org.au

Resources - Conditions	Please tick the items you require ✓
Arthritis	
Ankylosing spondylitis	
Back pain	
Baker's cyst	
Bursitis	
Enthesitis-related juvenile idiopathic arthritis	
Feet	
Fibromyalgia	
Gout	
Hand conditions and tips for joint protection	
Juvenile arthritis	
Lupus	
Neck pain	
Osteoarthritis	
Osteoporosis	
Paget's disease	
Perthes' disease	
Polyarticular juvenile idiopathic arthritis (rheumatoid factor negative)	
Polyarticular juvenile idiopathic arthritis (rheumatoid factor positive)	
Polymyalgia rheumatica	
Psoriatic arthritis	
Raynaud's phenomenon	
Reactive arthritis	
Rheumatoid arthritis	
Scleroderma	
Shoulder pain	
Sjogren's syndrome	



5 reasons to see your doctor about your pain	
Anxiety and depression	
Biologics and biosimilars	
Biologics for juvenile idiopathic arthritis	
Calcium and vitamin D	
Calcium counter	
Changes to private health insurance: What do they mean for people with musculoskeletal conditions?	
Complementary and alternative treatments	
Diet	
Driving with a musculoskeletal condition	
Early access to super	
Employment FAQs	
Exercise	
Exercise for bone health	
Healthcare team	
Living well with a musculoskeletal condition	
Make driving more comfortable and less painful	
Making life easier	
Managing your pain: an A to Z guide	
Medications for musculoskeletal conditions	
Medicinal marijuana and persistent pain	
Meditation and being mindful	
National Disability Insurance Scheme (NDIS)	
Persistent pain	
Powers of Attorney	
Sleep	
Stem cell treatments	
Tips for carers	
Tips for travelling	
Travel insurance for people with chronic illness	
Travelling to medical appointments	
Treating persistent pain	
Why have a Will?	

Return this form to Musculoskeletal Australia | PO Box 130 Caulfield South 3162 | Email: info@msk.org.au

Name	
Address	
Suburb	Postcode
Email	

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