

# Activism, Action and Engagement - Ageing in Port Phillip

## Presented by

Dr Jane Sims Deputy Chair  
Port Phillip Older Persons Consultative Committee

Mr Neville Aphoy  
Port Phillip Linking Neighbours Leadership Group

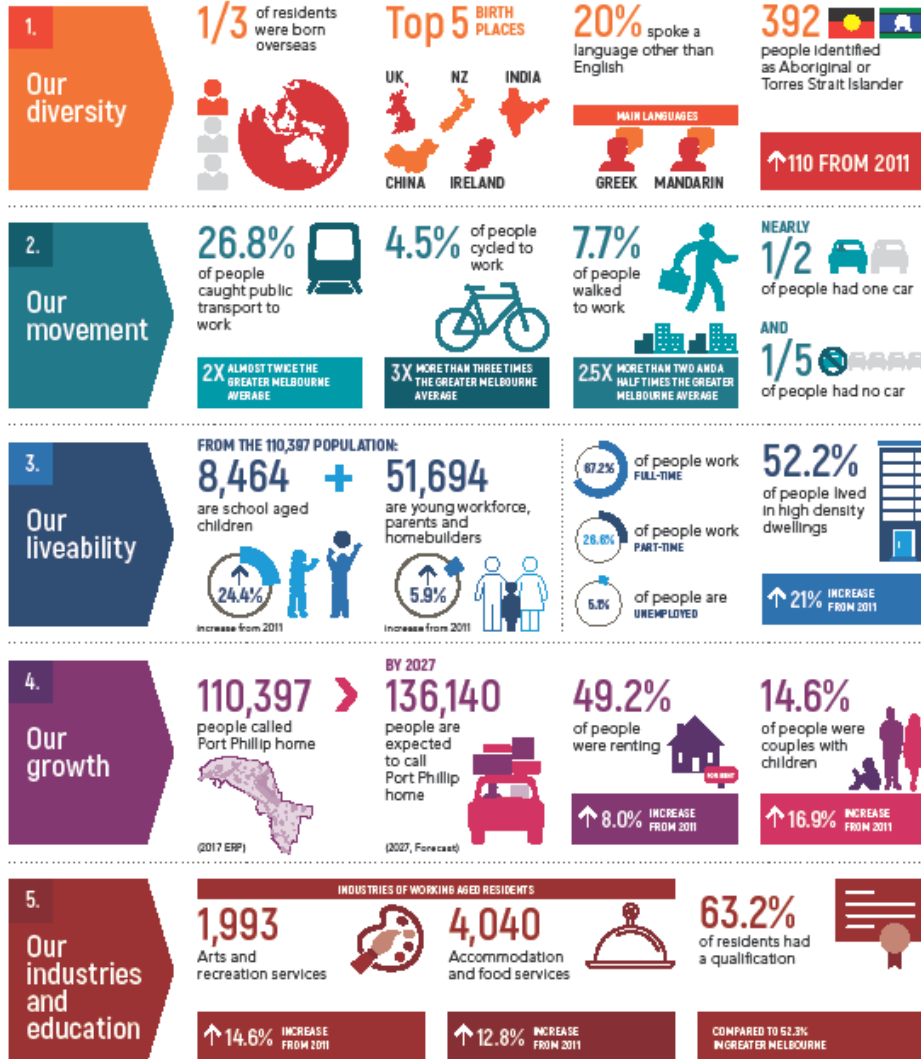
Ms Sherridan Green  
Port Phillip Community Development & Liaison Officer

Ms Laura Cattapan  
Port Phillip Coordinator Access & Inclusion



# We are Port Phillip

OUR CENSUS STORY IN 2016

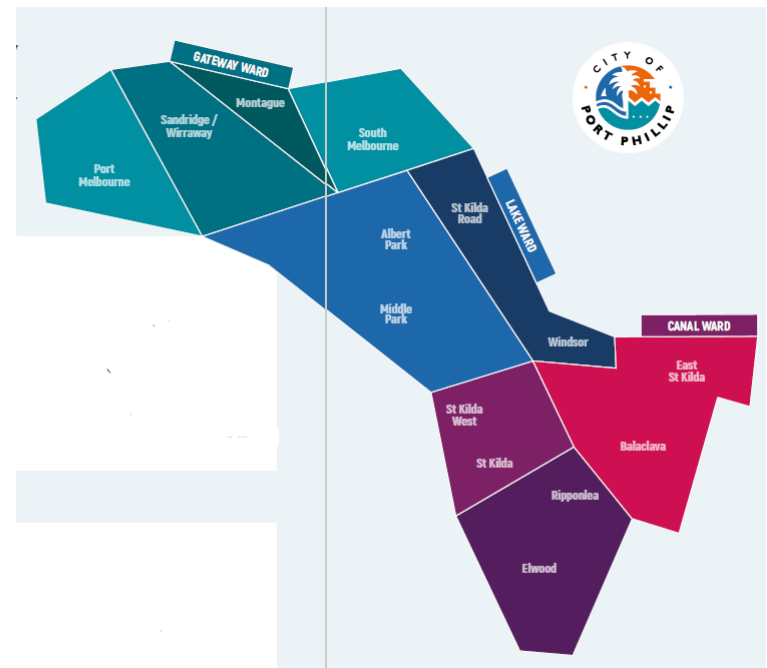


# About Port Phillip



Census Population in 2016: 100,877 (10.4%)

Total number of people over 65 years of age: 11,548 (or 11.5%)



# City of Port Phillip Older Persons Consultative Committee (OPCC)

Presented by Dr Jane Sims, Deputy Chair



## **OLDER PERSONS CONSULTATIVE COMMITTEE**

The Older Persons Consultative Committee (OPCC) has been appointed by the City of Port Phillip council to be its main advisory body on all issues affecting older residents living in the City of Port Phillip. Encompassing a wide range of backgrounds and views, the OPCC is accessible and engaged.



## Members actions

- Act as a conduit
- Provide advice to Council
- Present at Council meetings and speak on behalf of the OPCC

Version: Feb 2019

### City of Port Phillip - Older Persons Consultative Committee (OPCC) Objectives and Plan January – December 2019

This plan was developed in consultation with the OPCC Planning Meeting held on 11 January 2019. The plan is reflective of the City of Port Phillip (CoPP) Council Plan 2017-2027 and the World Health Organisation Age Friendly Cities Framework.

OPCC Objectives	Council Plan Strategies	Link to Age Friendly Cities	Actions (deliverables)	Outcomes (measures)
<b>I. ADVICE AND ADVOCACY</b> To represent and advocate for the interests of older residents of Port Phillip.	Direction 1 – we embrace difference and people belong: 1.1 A safe and active community with strong social connections 1.2 An increase in affordable housing 1.3 Access to services that support the health and wellbeing of our growing community 1.4 Community diversity is valued and celebrated  Direction 2 - We are connected and it's easy to move around.	7 Communication and information 5 Respect and social inclusion 6 Civic participation and employment 8 Community and health services	1.1. Based on relevant data and information, OPCC to consider, address, and advise on Council priorities, Commonwealth reforms, relevant services and issues affecting older persons in City of Port Phillip (CoPP), including: <ul style="list-style-type: none"> <li>• Considering the impact of the national Age Care Reforms (ACR) as they evolve and provide advice and support:</li> <li>• Advocating for consumer rights during and post the reforms.</li> <li>• Maintaining updates on Council's liaison with key future providers/stakeholders. E.g. about different models of Aged Care services</li> <li>• Considering the impact of reforms on residential aged care, social support opportunities and community transport.</li> <li>• Responding to the Royal Commission through providing a submission to include issues such as:</li> </ul>	



- Provide direct correspondence to Mayor and Councillors on matters of concern.
- Develop an Annual Objectives and Action Plan to guide their work
- Annual Report presented at Council meeting

# OPCC Advocacy Achievements



CITY OF PORT PHILLIP presents

## Seniors Festival

7 to 20 October 2019

Come and celebrate

PROGRAM OUT NOW

Call ASSIST on 9209 6777 for bookings and information.  
Pick up a program at your local town hall, library, community centre or visit  
[www.portphillip.vic.gov.au/seniors\\_festival](http://www.portphillip.vic.gov.au/seniors_festival)

Victorian Seniors Festival October 2019

### LINKING NEIGHBOURS Seniors Register

Connecting you to your community

OUR MEMBERS SAY:

- 'The coffee mornings are friendly and informative'
- 'We have such a great time on the trips'
- 'I've made some new friends'

Elwood Community Bank Branch  
Bendigo Bank



Older Persons Consultative Committee (OPCC)

## Annual Forum

Monday 30 April 2018

# Planning for future care

Who speaks for you when you cannot?

Advance Care Planning Australia  
BE OPEN | BE READY | BE HEARD



# Port Phillip Linking Neighbours Program & Seniors Register

Presented by Sherridan Green  
Port Phillip Community Development  
& Liaison Officer

- 783 members (as of Aug 2019)
- 114 members participate in weekly activities.
- And a total 967 members attended 41 additional activities.



City of Port Phillip and  
Theatre Works present

## Mirror Ball Disco Dance

Saturday 16 February 2019  
7 pm to close



THEATRE WORKS



# Linking Neighbours Program



## Dance card

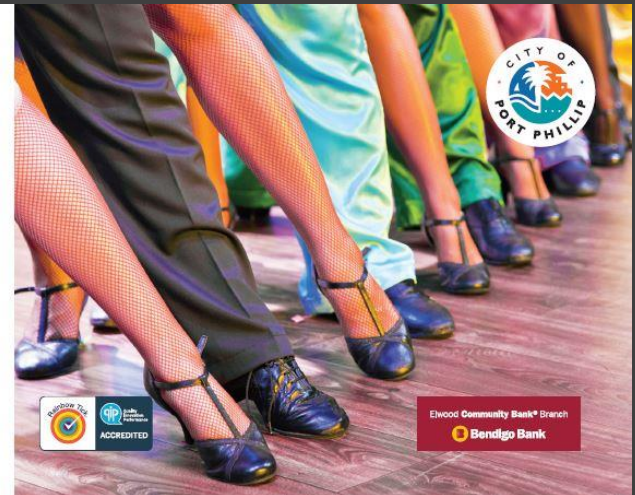
Get your dance card now to attend some of this year's most fun dances. No experience, a partner or special clothing needed. Just come and dance. A light supper included. For over 50's.

### Buy tickets

👉 [www.trybooking.com/BDCZW](http://www.trybooking.com/BDCZW)  
or at the door (if available).  
\$20 for all four dances.

### For enquiries

📞 ASSIST 03 9209 6777



Elwood Community Bank® Branch  
**Bendigo Bank**

# Q&A - Neville Aphoy Linking Neighbours Leadership Group Member & Sherridan Green

How did you find out about Linking Neighbours and Seniors Register?

Why did you register?

What did you get involved with first?

How many things do you attend?

Why are you now part of the Leadership Group?

What do you get out of Linking Neighbours?





# How do our residents give and receive the message

## How do older residents receive the message

- Word of mouth
- The OPCC & Linking Neighbours Leadership Group
- Council's ASSIST Team & Website
- Council's Divercity Magazine
- Pamphlets/Brochures/DL's
- Newsletters
- Council's Aged Care Services
- Promotion through our local networks
- Signage on the outside of the Community Buses
- Bimonthly letter outlining activities, events and relevant information about local activities and services



## How do older residents give the message to Council

- During activities
- OPCC
- Linking Neighbours Leadership Group
- Community Development & Liaison Officer, other Council Officers
- Feedback & Surveys
- Council's Aged Care Services
- Other services and community groups



# Any Questions

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