

Email

# **Peer Support Group Registration and Permission Form**

Name of Group			
Year of registration			
Website and Social Media			
Website address			
Number of newsletter subscribers			
Facebook			
Number of followers			
Instagram			
Number of followers			
Legal Status			
Is the group incorporated?	YES		NO
Membership			
Number of Members			
Number of Members			
Age range of Members			
Key Contacts			
Contact 1		Contact 2	
Name			
Position			
Address			
Mobile			



# **Peer Support Group Activities**

# Face-to-face meetings

# Location

Days	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Times							

Frequency (for example, once per month)

# Online discussions

#### Platform

(for example, Zoom, Teams)

Days	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Times							

# Frequency

# Warm water exercise

#### Location

Days	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Times							

# Frequency

# Chair based exercise

#### Location

Days	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Times							

# Frequency

# Tai Chi

#### Location

Days	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Times							

# Frequency



# Nordic walking

#### Location

Days	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Times							

# Frequency

# Social outings

#### Location

Days	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Times							

# Frequency

# Other (please specify)

**Details of Activity** 

#### Location

Days	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Times							

# Frequency

# **Networks and Linkages**

Please indicate which of the following your PSG has established connections with in your local area

General practitioner
Medical specialists
Physiotherapists
Allied health care professionals
Other (please specify)

Community Health Centre Local Community Organisations Local Council Multicultural Organisations



By completing and submitting this form you are agreeing to the terms and conditions and other requirements set out in the Musculoskeletal Health Australia Peer Support Group Manual and hereby authorise Musculoskeletal Health Australia to include your PSG details in all relevant communications, marketing and promotions. Further you acknowledge that once any PSG details are made available Musculoskeletal Health Australia is not responsible for how any are used.

Authorised by
Name
Position
I hereby acknowledge that I have read the Musculoskeletal Health Australia Peer Support Group Manual and that I am authorised on behalf of the Peer Support Group to agree to the terms and conditions and other requirements required to be recognised as a Musculoskeletal Health Australia affiliated Peer Support Group.
Signed
Date