

Peer Support Groups 2024

Location/PSG Name	Contact	Phone	Email	Website	Socials
Ballarat Arthritis Peer Support Group	Lucy	0411 703 902	lucylloyd@gmail.com		www.facebook.com/Ballarat-Arthritis-Support-Group-295893173867926/
Bendigo Arthritis Club Inc	Sandra	0488 773 308	sandradoolan0@gmail.com	https://bendigoarthritis.weebly.com/	
Colac Arthritis Self Help Group	Lois	0406 337 746	loveeestef@gmail.com		
Cranbourne Arthritis Support Group	Janet	0420 925 153	janet-ward@live.com.au	https://casg.tidyhq.com	
Frankston Arthritis Self Help Group	Noel	0433 726 346	noel.vivian.white@gmail.com		
Glen's Goldies Self Help Support Group (Warburton)	Patricia	0419 144 514	pthole1@bigpond.com		
Glen Waverley - Eastern Suburbs Hydrotherapy Inc	Bronwyn	0467 631 835	brongiles@gmail.com		https://www.facebook.com/Eastern-Suburbs-Hydrotherapy-Inc-357210837807046/
Healesville Arthritis Self Help Support Group	Barbara	0419 501 724	barbhegarty48@gmail.com		
Horsham Self Help Group	Lance	0455 548 445	lance.duffield@gmail.com		
Mt Beauty - Alpine Move Group	Heather	0407 885 042	jackson7089@gmail.com		
Pakenham Arthritis Self Help Group Inc	Berni	0411 098 519	bernadette.lilley@outlook.com		
Swan Hill & District Arthritis Self Help Group	Mary	0429 329 530	jmlnolen@bigpond.net.au		
Warburton - Glens Goldies SHSG	Patricia	0419 144 514	pthole1@bigpond.com		

Condition Specific Groups	Contact	Phone	Email	Website	Socials
Bairnsdale Fibromyalgia Support Group	Christine	0412 598 830	bfsgroup2016@outlook.com		
Ballarat Fibromyalgia & CFS Self Help Group	Jenny	0403 220 525	jennymcc49@msn.com		
Geelong Lupus & Sjogren's Support Group	Annette ph or Chris email	03 5259 1063	chrisash@hotmail.com		
Heidelberg - Ankylosing Spondylitis Group of Victoria	Annie	0408 343 104	asvictreasurer@hotmail.com aniasvic@bigpond.net.au vicko123@optusnet.com.au	https://www.asvictoria.org	https://www.facebook.com/asgroupvic https://www.asvictoria.org
Mount Waverley - Your Healthy Bones Crew	Carole	0438 256 887	carolemarshall@hotmail.com		
Age Specific Groups	Contact	Phone	Email	Website	Socials
Various locations in Melbourne - Young Women's Arthritis Support Group	Rosemary Tassia	0400 447 624 0413 858 286	rosemary@ywasg.com tassia@ywasg.com	http://ywasg.com/	http://ywasg.com/ Facebook https://www.facebook.com/ywasg Twitter https://twitter.com/YWASG